## Kit List - Barrwood 2024

All young people will need to bring their own personal equipment and should be encouraged to pack themselves. If you do not have any of the items please ask, we can help with most.

Arrive in		Trousers & shorts (one per day)
Complete uniform		Spare underclothes (one pair per day)
Hike boots/ sturdy shoes/ Trainers		Spare socks (one pair per day)
Warm Jacket		Swimwear & clothes to get wet
Have to hand		Nightwear & thick socks
<b>Small Rucksack/Daysack</b> - with the items below inside		A second layer of nightwear e.g. onesie or joggers and jumper
Waterproof Jacket		Personal washing requirements and a towel
Waterproof Trousers		Warm Sleeping bag (for outdoor use)
Reusable drinks bottle containing water		Roll Mat
Hat, gloves, scarf/ buff		Pillowcase (dry clothes placed inside, as a pillow)
Sun hat, sun cream		Plate, Bowl & Mug (plastic not crockery), in a bag
Any regular medicines - to be given to leaders on arrival (named & clear dosage)		Fork & Spoon or spork (in the bag with P/B/M)
Pack for later		Tea Towel (in the bag above)
1 Large Bag - with the items below inside		Personal first aid kit
Plastic bags x3 (for dirty clothes)		Head Torch
Spare trainers (will get wet)		Midge repellent, midge net (if you have one)
Warm sweater, jumper, fleece or sweatshirt (one per day)		Camp blanket (not essential, only if you have one)
T-shirts or similar (one per day)		Teddy!just one ©

Please do not bring anything of value or anything that can not get wet.

Please <u>do not</u> bring any food, especially sweets or fizzy drinks, they will be well fed.

All items must be clearly labelled with the young person's name - Thank You!